

# 2023

## Mental Health Supports

Year 1 Renewal Report: 10/1/23 – 9/30/24



**ESCAMBIA**  
**CHILDREN'S TRUST**

Our Children. Our Community. Our Future.

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# Executive Summary

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## ***Mental Health Supports RFP#2022-03***

### ***Background***

Escambia County has a multitude of services designed to help children and families with human service and behavioral health needs, including mental health crisis responders, substance use assessment and treatment centers, homeless outreach and housing supports, financial assistance programs, and case management for individuals with justice system involvement.

However, these individual programs do not add up to a comprehensive system—a linked set of programs and services that have the capacity to prevent crises, respond with the right intervention, share protocols and performance measures, and consistently link children, youth and families to follow-up support that attempts to address the causes of the crisis. Instead, children and their loved ones continue to wait, struggle, deteriorate and fall into crisis, including homelessness and suicide. Law enforcement and child protection are too often still the default responders for children, youth, and families struggling with unmet behavioral health and other human service needs.

Barriers abound when attempting to access mental health services in Escambia County, including the time it takes to find a provider, insurance requirements, finances, stigma, and transportation. For those in marginalized communities, a lack of culturally competent providers as well as a litany of other barriers exacerbate these challenges.

With a strained behavioral and mental health system pre-pandemic, the prevalence of behavioral health disorders has steadily increased locally since COVID-19, especially among youth (children, adolescents, and emerging adults) of racial, ethnic, sexual, and gender minority groups. A growing body of evidence demonstrates that youth in racial, ethnic, sexual, and gender minority groups experience worse behavioral outcomes than their peers. Data show that suicide rates are nearly twice as high in Black compared to White boys five to 11 years old and have been increasing disproportionately among adolescent Black girls 12 to 17 years old. Other youth at increased risk for behavioral health disorders include youth who identify as LGBTQ+, from low-income households, involved in child welfare and juvenile justice systems, or with disabilities. The trends in youth behavioral health are so concerning that the American Academy of Child and Adolescent Psychiatry (AACAP), the American Academy of Pediatrics (AAP), and the Children's Hospital Association (CHA) declared a National State of Emergency in Children's Mental Health in 2021.

These funded services are designed to specifically address the lack of both private and public investment in children's mental health and of effective ways to connect innovative ideas with capital. In every corner of our county, marginalized communities need more preventative Informal Mental Health Supports. The World Health Organization describes Informal Mental Health Supports as services that are not provided by the "formal" health and welfare system, and that are "usually accessible and acceptable to the community as they are an integral part of the community." Effective and evidence-based informal supports are innovative and preventative, with self-care and informal community care being the bottom two layers prior to primary care services. Informal services can be helpful in preventing hardship in the formal system and helping people who have been discharged from formal services get back on their feet. Escambia County mental health and crisis response stakeholders have long noted the need for additional accessible crisis prevention and response services for children, youth, and their families – services that are staffed and informed by community members and peers and that can serve as a bridge to keep them connected to more formal care and taken care of once

they are released from formal care.

There is also a need to reduce the stigma associated with having behavioral health needs or receiving formal behavioral health services, particularly among youth. Research indicates that in many communities, people struggling with mental health are more likely to reach out to informal support for help because when the social distance between the person struggling and the helper is smaller, there can be greater agreement about the perception of the problem and possible solutions.

By funding community-led and community-operated organizations to deliver Informal Mental Health Supports in areas where these supports are wanted and needed, and by enabling those organizations to identify the strategies that they believe will best serve communities that are underserved by the current system, ECT is making strides toward the vision set forth in our 2022 needs assessment that “Children Are Safe and Protected From Abuse and Neglect” and “Children Have Supports to Help Them Avoid Risky Behaviors.”

The Escambia Children’s Trust has funded programs that increase positive mental health and behavioral outcomes and increase a child's capability to address stress and adverse, traumatic events. Some of Escambia’s communities and families are overburdened with inequitable housing, health, and economic resources; trauma; and toxic stress, and require customized strategies for preventing and mitigating adverse childhood experiences and inequities. Escambia County community members have a stake in ensuring our children and families have what they need to develop their full potential and gifts. Community members have a shared responsibility for our children’s well-being, well-being that is grounded in the well-being of their families and community. ECT’s investments are intended to shore up support for families and their children, including evidence-based prevention programs that foster resiliency through relationships and partnerships grounded in the lived realities and experiences of our children and families.

### *Statement of Desired Resident and Community Results*

The intent of this initiative is to support Informal Mental Health Supports offered by community-led and community-operated organizations that address community trauma in targeted geographies and strengthen resiliency for impacted children, youth, and their families. The following goals, objectives, and outcomes are connected to the Escambia Children’s Trust needs assessment published in September 2022.

<b>GOAL 1:</b> <b>Children Are Safe and Protected from Abuse and Neglect</b>	<u>1.1 Indicator/Outcome:</u> Reduce the incidence and impact of child abuse, neglect, and trauma  <u>1.2 Indicator/Outcome:</u> Children live in stable and nurturing families and communities
<b>GOAL 2:</b> <b>Children Have Supports to Help Them Avoid Risky Behaviors</b>	<u>2.1 Indicator/Outcome:</u> Reduce the incidence and impact of youth violence and substance abuse  <u>2.2 Indicator/Outcome:</u> Address the negative impacts of trauma and provide resources to allow those impacted to increase protective factors and build resiliency.

## *Scope of Service Requirements*

ECT has funded projects from 5 community-led and community-operated organizations to expand an established evidence-based program or start a new initiative offering Informal Mental Health Supports services for children, youth, and their families living within an identified geographic and demographic priority community. Projects each aligned with one or more of the following goals:

1. Grow access within a targeted community to informal helpers (for example, a community health worker, community mental health worker, or advocate who offers support via faith-based sites, local libraries, and other informal settings to provide help to children, youth and families in need of someone to talk to); and/or
2. Increase the availability of culturally competent, proactive supports that connect children, youth and families to preventative care when their mental health symptoms are escalating or when they are in emotional distress; and/or
3. Support and respond to children/families following a mental health, housing or other crisis, connecting them to needed supports and making sustained connection more likely; and/or
4. Reduce stigma and smooth the way to formal mental health support for children, youth and families who may not know about or feel comfortable accessing them.

## *Desired Populations*

ECT-funded programs under this funding have served school-age children in K-12th grade and their families experiencing trauma or suffering from chronic trauma at the time of enrollment and living in targeted geographic areas within Escambia County. The two areas of focus for funded entities are:

- Urban Core – downtown Pensacola: 32501 ZIP code
- West Pensacola – Brownsville: 32505 ZIP code

Within the geographic areas identified above are neighborhoods (or census tracts) with extreme levels of “social vulnerability.” Social vulnerability refers to the potential negative effects on communities caused by external stresses on human health. Such stresses include natural or human-caused disasters, or disease outbreaks. Reducing social vulnerability can decrease both human suffering and economic loss.<sup>7</sup> Every two years based on census data releases, the Centers for Disease Control (CDC) publishes a Social Vulnerability Index (SVI) that uses 16 variables to help local officials identify communities that need support. These variables include statistics related to socioeconomic status; household characteristics; disability status; racial and ethnic minority status; housing type; and transportation disadvantage.

The social vulnerability tool examines factors that weaken a community's ability to respond to crisis, and the SVI index itself is both an indicator of neighborhood need and an opportunity to strengthen local resiliency. The SVI scale ranges from a high of 1 (most vulnerable community) to a 0 (least vulnerable community).

## *Program Components*

### *Community Involvement and Trust*

Projects are community-led, -designed, and -operated. Contracted entities must clearly demonstrate the social

capital and trust they hold with the communities they serve, in the design, implementation, and staffing of their Project.

### *Data Collection and Reporting*

All contracted entities must collect data about their Projects and share that data as well as narrative reports with ECT. ECT will provide evaluative data to the contracted entity through site visits, monthly data review, and annual monitoring.

### *Evaluation Criteria*

The program results detailed in this report reflect the fact that ECT's investment portfolio includes a mixture of program expansion or scale, brand new services and enhanced services newly available to families free of charge. As ECT approaches its first round of evaluations, specific criteria have been developed to assess the overall effectiveness, sustainability, and alignment of contracted out-of-school-time programs with ECT's mission, vision, values and strategic goals.

In looking at **program outcomes**, ECT is interested in how each program is impacting children: What measurable outcomes and improvements have been achieved by the children who participated in the program? How are stakeholders engaging with the program? **Program quality** evaluation means assessing each provider on whether the program's activities and curriculum are well-designed and appropriate for the target audience, and whether program staff have the necessary qualifications and training to deliver effective and culturally responsive services. Finally, providers must take **data collection** seriously. To show impact and return-on-investment, programs are required to collect data and contribute regular and detailed reports on progress, outcomes, barriers and challenges.

**Responsible fiscal stewardship** is as important as impact and effectiveness in measuring the results of each contracted provider. How effectively has the program managed the funds provided by ECT/taxpayers? Is the program transparent in its financial reporting and use of funds? Are reports submitted on time and are reimbursements accurate, accountable and reasonable? What is the long-term viability of the service and does the program have a plan for sustainability beyond ECT funding?

With just eight months of funding results to assess, ECT realizes providers don't have answers to all these questions. What ECT is striving to accomplish with this report is a clear-eyed accounting of:

1. Which providers are meeting expectations and on track to deliver outcomes
2. Which providers are struggling to implement and deliver the full scope of services they contracted to provide but have the potential to be highly effective with additional training and support
3. Which providers will not be able to realize the terms of their contracts within a reasonable timeframe and/or within a reasonable budget that results in a sound return-on-investment for taxpayers



## Target Population

Providers contracted to serve Escambia County children who are most in need or at-risk and require access to high quality after-school and summer learning opportunities. This report will clarify whether funded programs and services have been able to meet demand for a specific community need and/or fill a gap in service.

- Considerations for **need** include family low income, specific populations, neighborhood conditions, ages served, and accessibility of programs offered in the community.
- **“At-risk”** means a student who is identified as one or more of the following: English learners, teen parents, special needs, foster youth, underhoused, LGBTQ, academic underperformance or disconnection from school, exposure to violence, exposure to trauma, exposure to child abuse or maltreatment, children of incarcerated parents, justice system involvement, and mild to severe behavioral health challenges.



## *Year 2 Renewal Recommendations and ECT Feedback*

Provider	Program	Renewal	Feedback
Boys and Girls Club of the Emerald Coast	Mind Time		<ul style="list-style-type: none"> <li>♦ On track to meet dosage #s</li> <li>♦ On track to change outcomes</li> <li>♦ Has used 18% of Year 1 Budget</li> <li>♦ Has reported staff changes</li> <li>♦ Projected amount per participant and actual amount per participant has been impacted by decrease in program staff expenditures</li> <li>♦ Working with provider to make appropriate adjustments for Year 2</li> </ul>
Lamplighter Academic and Mentoring Program	Project Pride		<ul style="list-style-type: none"> <li>♦ On track to meet dosage #s</li> <li>♦ On track to change outcomes</li> <li>♦ Has used 44% of year 1 Budget, thus decreasing the projected amount per participant</li> <li>♦ Actual amount per participant is below the projected amount per participant; however, the total number of students served will increase between August and the end of year 1 contract.</li> </ul>
New World Believers	Health Opportunities and Options Promoting Success (H.O.O.P.S.)		<ul style="list-style-type: none"> <li>♦ On track to meet dosage #s</li> <li>♦ On track to change outcomes</li> <li>♦ Has used 49% of Year 1 Budget</li> <li>♦ There is a difference between projected amount per participant and actual amount per participant</li> </ul>
Twin Oaks Juvenile Development	Escambia Connects		<ul style="list-style-type: none"> <li>♦ On track to meet dosage #s</li> <li>♦ On track to change outcomes</li> <li>♦ Has used 52% of Year 1 Budget</li> <li>♦ Actual amount per student is significantly lower than projected amount, largely because of the Tier 1, community outreach efforts</li> </ul>
Youths Left Behind	After-School Peer Empowerment Program		<ul style="list-style-type: none"> <li>♦ Currently not on track to meet dosage #s</li> <li>♦ On track to meet change outcomes</li> <li>♦ Has used 83% of Year 1 Budget</li> <li>♦ Actual amount per participant is higher than projected amount per participant</li> <li>♦ Working with provider to make appropriate adjustments for Year 2</li> </ul>

# Results At-A-Glance

## Provider: Boys and Girls Club of Emerald Coast

### Program: Mind Time

#### Program Description

Boys & Girls Clubs of the Emerald Coast (BGCEC) proposes to implement “Mind Time” program to foster that sense of belonging, value and strengthen the mental health and well-being in youth being served at Boys & Girls Clubs. Mind Time is an addition to the Healthy Lifestyles initiatives that are currently being implemented in the summer and afterschool programs at two different club site locations. This project also plans to be implemented in those same two locations: Site One: Pensacola Club located inside the Englewood Community Center at 2751 North H Street, Pensacola, FL 32501. Site Two: Montclair Club located inside of Montclair Elementary School at 820 Massachusetts Avenue, Pensacola, FL 32505. The program aims to serve youth 5 to 18 years of age, residing in the 32505-zip code. They serve approximately 350 youth annually - any gender, as well as at-risk children who have been typically underserved and often overlooked. This population has an increased probability of being plagued by physical and mental health issues. Youth in this proposed program will also be emotionally supported with Trauma Informed Care practices. Mind Time will be intertwined with established outcome-driven programs that increase knowledge, skills, and abilities so that young people can become thriving, productive adults.

#### Year 1 Data

- ❖ First Year Timeline - 10/1/2023-9/30/2024
- ❖ Targeted Population – 5-18 years of age
- ❖ Contract Proposal – 350 participants per year x 3
- ❖ Project Total - \$312,513.00; 1<sup>st</sup> Year Budget - \$102,859.00; Total % Used – 18%; As of 6/30/2024 Total Expenditures - \$18,262.00; Remaining Funds - \$84,597.00
- ❖ Costs per student annually per budget year 1= \$293.88

New Children Proposed to Serve Year 1	Children Actually Served Date Certain 6/30/2024	On Track to Meet Dosage	On Track to Change Outcomes	Program Budget Costs Year 1	Projected Amount Per Participant Year 1	Actual Amount Per Participant Year 1
350	243	Yes	Yes	\$102,859.00	\$293.88	\$75.15

# *Year 1 Program Outcomes*

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## **Boys & Girls Club of Emerald Coast – Mind Time**

### ***Performance Summary***

Boys and Girls Club of Emerald Coast (BGCEC) collects data related to participating youth arrest and behavior in school. Along with SAMIS, BGCEC measures participation and track member demographics via a cloud-based membership tracking system: VISIONS. This data management system tracks demographics, youth household information, program attendance, activity participation and behavior in program. BGCEC is also collecting and tracking student Report Cards and school attendance (Collected Every 9 Weeks), Pre and Post Tests for program activities (Collected at Program Onset/Program Completion), F.A.S.T. scores (reported annually), progress monitoring plus On Time Grade Progression rates provide statistical data. Organization collects data relating to social and emotional learning (SEL) skills and well-being, youth/family experiences and satisfaction (periodically via surveys/focus groups) plus program staff and/or volunteer experiences and satisfaction (annually via surveys).

Data points are collected and measured for every program participant. As a 21st Century Community Learning Center (21<sup>st</sup> CCLC) at the Pensacola Club, the organization is currently working on a 21APR report and a summative report outlining the results on 2022.2023 academic year which includes stakeholder surveys from teachers at target school. January 2024, Boys & Girls Club launched the use of a new, all-inclusive, data management software called MyClubHub. Specifically designed for Boys & Girls Clubs organizations by Club professionals, software allows for the collection and tracking of data as VISIONS provided, along with much more to include a parent notification system, electronic application ability, event planning, website management, donor management and more.

### ***End of Year Data***

- 59% of youth at the Montclair Club are maintaining a “C” or better in core subjects.
- 62% of Elementary youth at the Pensacola Club are maintaining a “C” or better in core subjects.
- 33% of Teens at the Pensacola Club are maintaining a “C” or better in core subjects.
- Just 29% of all Pensacola Club youth finished the year on the Honor Roll.
- In Turn, 99% of Montclair Club Elementary youth demonstrated improvements.
- 89% of Kindergarten Club members earned “S” in Reading/English Language Arts.
- 55% of Teens youth (grades 6<sup>th</sup> -12<sup>th</sup>) demonstrated improvements.

# Boys and Girls Clubs of the Emerald Coast

## Program Performance and Participant Demographics



### Contracted Services

Proposed Number Served - The program aims to serve youth ages 5 to 18 years of age, residing in the 32505 zip code, 350 youth annually, any gender, at-risk who have been typically underserved and often overlooked, at no cost. (pg. 26)

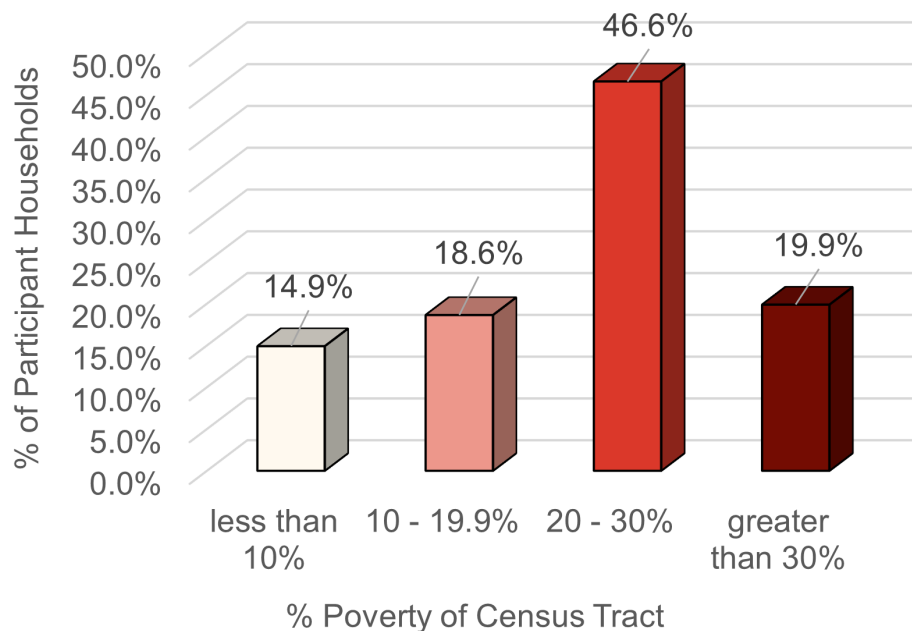
Program Dosage - Mind Time will be intertwined into an already operating afterschool and summer program (pg. 34). The program consist of the following services:

- On-Site / In-Club Counseling - Counseling will take place 2 times per week at each club site and will be based on need and referrals. Sessions will be “crisis” centered or traditional therapy with regularly scheduled sessions lasting 30-45 minutes for elementary youth and 55-60 minutes for teen-aged youth (pg. 34)
- Yoga and Meditation - Activity will take place 1 day a week for 1 hour per day for the entire year (pg. 34)
- Nutrition and Cooking Classes - Activity will take place 1 day a week for 1 hour per day for the entire year (pg. 34)

Start Date - 12/11/2023

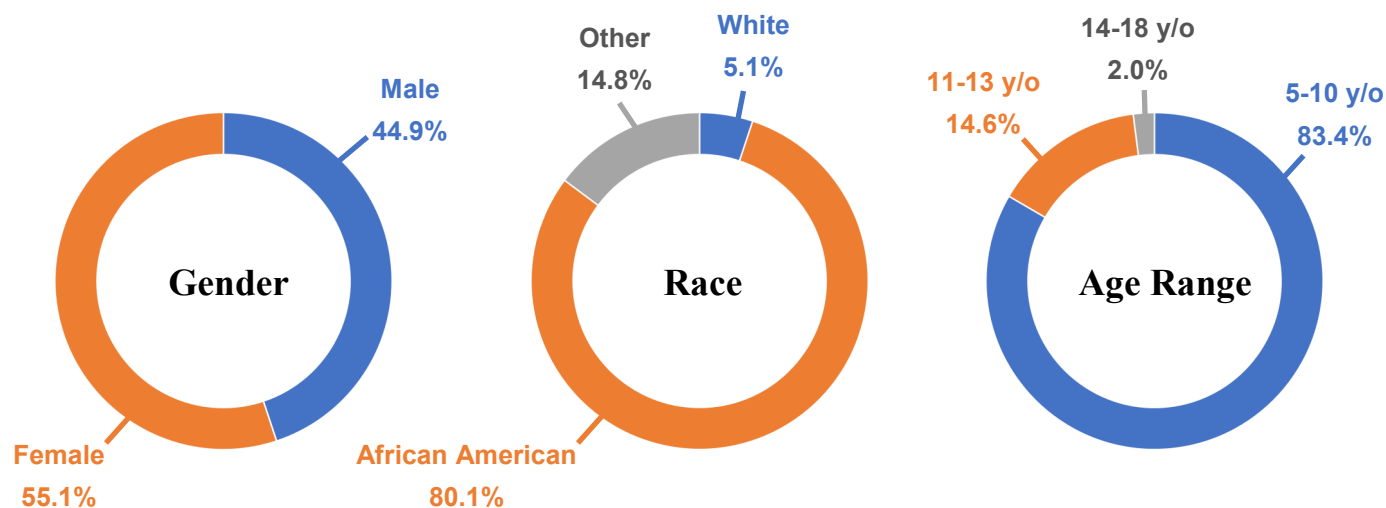
Total Served - 247 participants through 7/31/2024

### Percent of Families Living in High Poverty Census Tracts (n=166)



## ***Boys and Girls Clubs of the Emerald Coast (cont.)***

### **Participant Demographics**



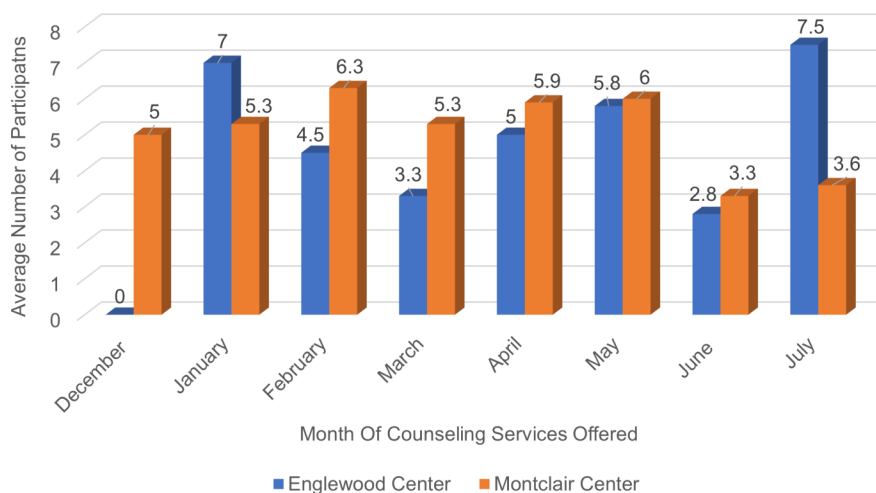
### **Monthly Program Service Offerings and Attendance Frequency**

#### **Frequency of Program Services Offered Each Month**

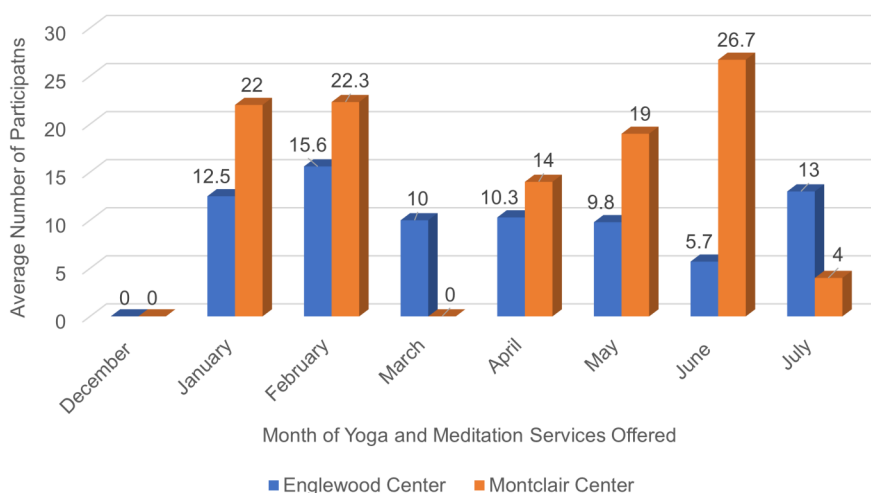
	In-Club Counseling		Yoga and Meditation		Nutrition / Cooking	
	Englewood	Montclair	Englewood	Montclair	Englewood	Montclair
December	0	1	0	0	0	0
January	2	2	2	2	0	2
February	4	4	3	3	0	0
March	4	4	2	0	2	10
April	5	7	4	4	6	10
May	5	4	4	3	5	13
June	5	3	4	3	4	17
July	2	5	1	3	2	16

## Boys and Girls Clubs of the Emerald Coast (cont.)

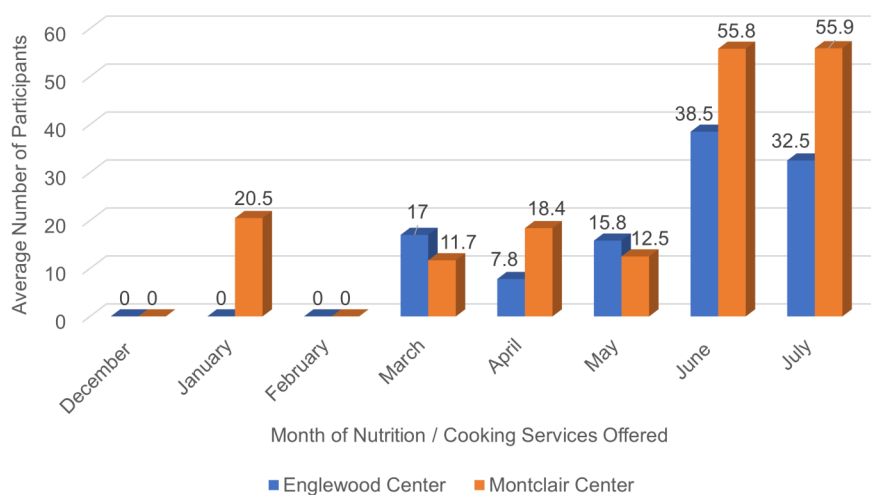
### Average Number of Participants Receiving Counseling Services Monthly



### Average Number of Participants Receiving Yoga and Meditation Services Monthly



### Average Number of Participants Receiving Nutrition / Cooking Services Monthly



# Results At-A-Glance

## Provider: Lamplighters

## Program: Project PRIDE

### Program Description

Pensacola High School (PHS) has seen an increase in black males who come to ninth grade unprepared to graduate in four years. Many students participate in sports, clubs, and other school activities but consistently need more home and internal structure for college and career readiness. PHS has one of the lowest graduation rates for young men of color in Escambia County Public Schools. Additionally, students are suspended and disciplined more than their demographically similar counterparts at other local schools. The learning and behavioral challenges have impacted the quality of sports performance and participation at school.

Lamplighters recognized the need for community organizations to band together towards a common goal to help improve graduation readiness, character, and self-motivation. The project focuses on Pensacola High School and its black male student-athlete population to provide informal mental health support to students. For year one, the program will target male student-athletes from marginalized groups such as Hispanic and African American. Priority will be given to marginalized group members who also identify as low-income, have an Individualized Education Plan (IEP) or a Section 504 plan, or those with symptoms of mental health barriers. For year one of the project, priority will also be given to students who intend to graduate within the project year (2023-2024). Years two and three will see the target expand to underclassmen to build sustainability within the school's culture.

### Year 1 Data

<div>❖ First Year Timeline - 10/1/2023-9/30/2024</div> <div>❖ Targeted Population – High School Student Athletes</div> <div>❖ Contract Proposal – 100 participants per year x 3 years</div> <div>❖ Project Total - \$762,852.00; 1<sup>st</sup> Year Budget - \$218,902.00; Total % Used – 44% As of 6/30/2024 Total Expenditures - \$95,757.27; Remaining Funds - \$123,144.73</div> <div>❖ Cost per student annually per budget year 1 = \$2,189.02</div>						
New Children Proposed to Serve Year 1	Children Actually Served Date Certain 6/30/2024	On Track to Meet Dosage	On Track to Change Outcomes	Program Budget Costs Year 1	Projected Amount Per Participant Year 1	Actual Amount Per Participant Year 1
100	69	Yes	Yes	\$218,902.02	\$2,189.02	\$1,387.78

# *Year 1 Program Outcomes*

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## **Lamplighters – Project PRIDE**

### ***Performance Summary***

Increasing program numbers and establishing routines have been top priorities for this initial year. They invested marketing dollars and hired mentors to reach students who had previously been indifferent or disinterested in football.

- Increased Enrollment – Successfully increased program participation, with over 70 young men now participating in both the PRIDE program and football team.
- Established Routines – Implemented sustained and predictable routines and schedules to provide stability and structure for our players, aiding in their academic and personal development.
- Academic Achievement/Improved Graduation Rates - 8 of 10 seniors met all graduation requirements, marking a significant improvement from the initial 3 of 10 when services began.
- Summer Support Initiative – The two remaining seniors were integrated into the summer cohort and received additional support at the George Stone Technical Center to ensure successful connection to support services.
- 100% Graduation/Enrollment Rate – With this support plan in place, they are on track to achieve a 100% graduation or enrollment rate for the senior players.
- Trust-building and Buy-in – Recognizing initial resistance to additional academic and mental health support, the focus has been on gradually building trust with players to ensure their buy-in to required program activities.
- Positive Results – The increased program numbers and academic achievements indicate growing trust and engagement among players, demonstrating the success of selected methods.
- Continued Support – Commitment to ongoing support for seniors throughout the summer to ensure their successful transition to post-secondary institutions and graduation.

# Lamplighter Academic and Mentoring Program

## Program Performance and Participant Demographics



### Contracted Services

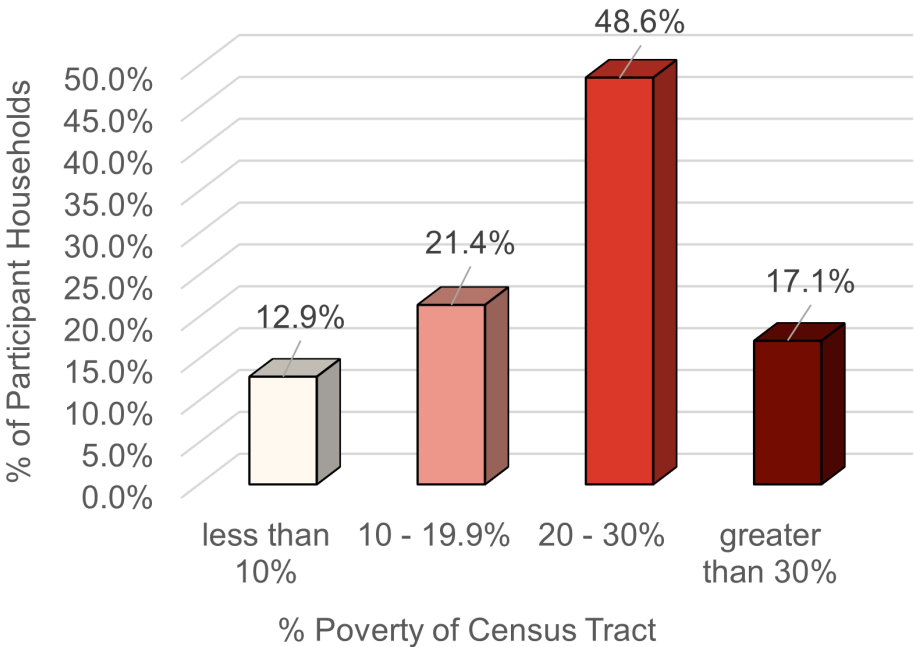
Proposed Number Served - For year one of the project, priority will also be given to students who intend to graduate within the project year (2023-2024). Years two and three will see the target expand to underclassmen to build sustainability within the school's culture. We expect to directly impact a minimum of 100 students during the three-year (pg. 26).

Program Dosage - Our program serves students during after-school hours through tutoring, recreational activities, one-on-one coaching, targeted family activities, and staff check-ins; the program offers a safe environment for students to enrich their lives on campus. Our weekend activities include coaching sessions, character-building workshops, recreational and bonding activities, study halls, and athletic skill-building trips (pg. 38). Test Prep classes are taught by certified, experienced teachers with proven records in preparing students for standardized testing. Students will receive intensive instruction in test-taking strategies as well as test content for each section of the test. 16 hours per semester (recommend seniors prep the first semester, juniors prep second semester) for a total of 32 hours of classes (pg. 61). Counselors will connect with mentees a minimum of one hour per week with an increased dosage time during weekends, breaks, and holidays (pg. 35).

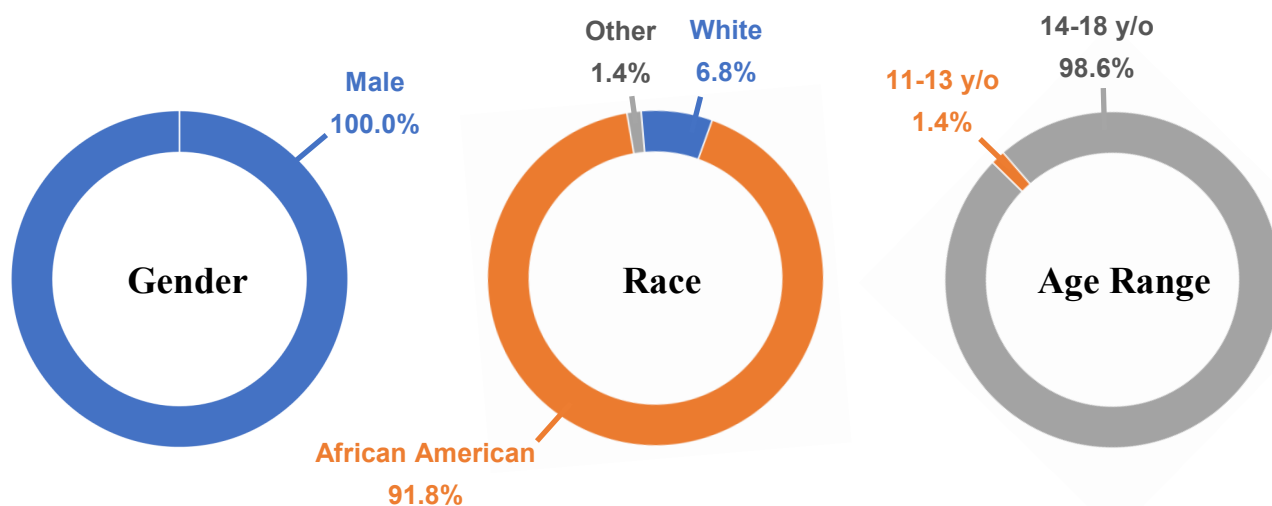
Start Date - 12/6/2023

Total Served - 73 participants through 7/31/2024

### Percent of Families Living in High Poverty Census Tracts (n=70)



**Participant Demographics**



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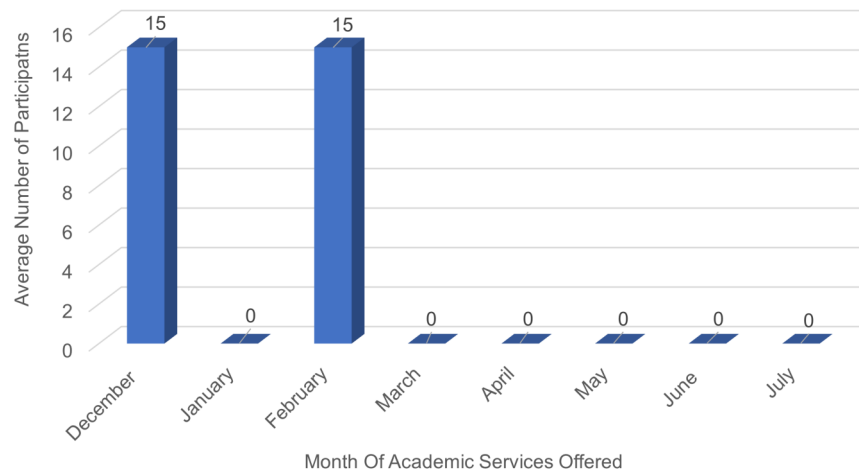
**Monthly Program Service Offerings and Attendance Frequency**

**Frequency of Program Services Offered Each Month**

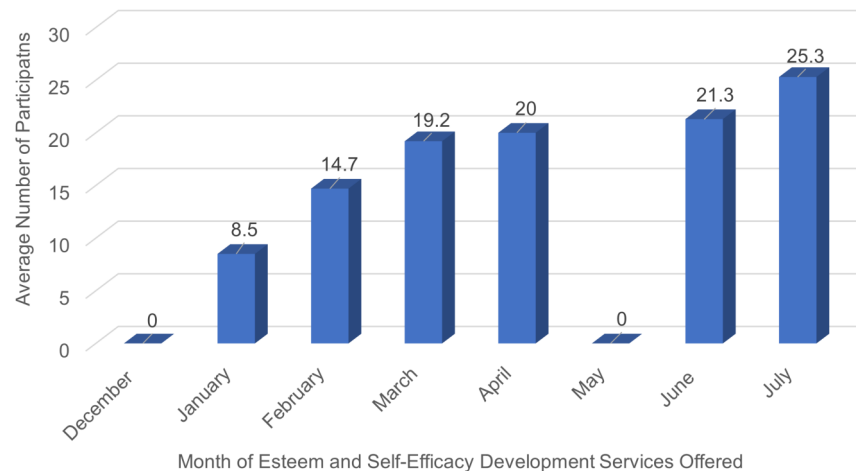
	Academic	Esteem and Self-Efficacy	Mental Health	Mentoring	Self-Care Promotion
December	1	0	0	0	0
January	0	4	0	4	0
February	1	3	1	5	1
March	0	5	1	8	7
April	0	2	1	9	3
May	0	0	1	1	0
June	0	9	0	5	3
July	0	3	2	0	0

## Lamplighter Academic and Mentoring Program (cont.)

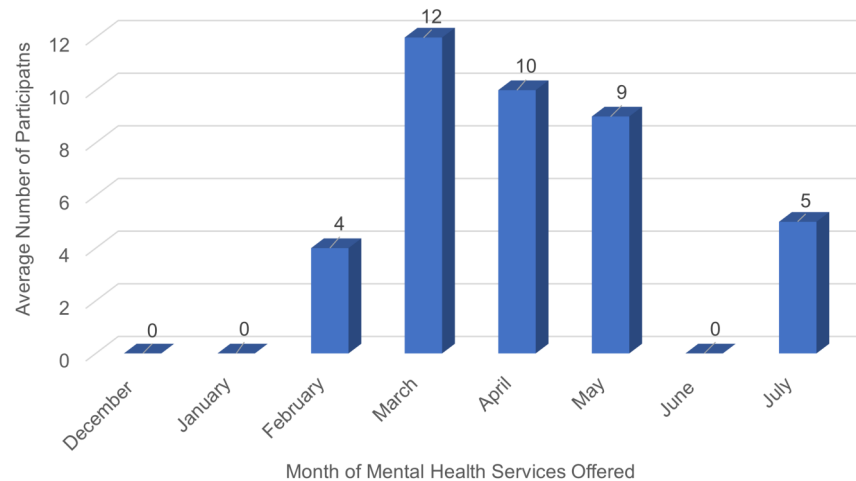
### Average Number of Participants Receiving Academic Services Monthly



### Average Number of Participants Receiving Esteem and Self-Efficacy Development Services Monthly

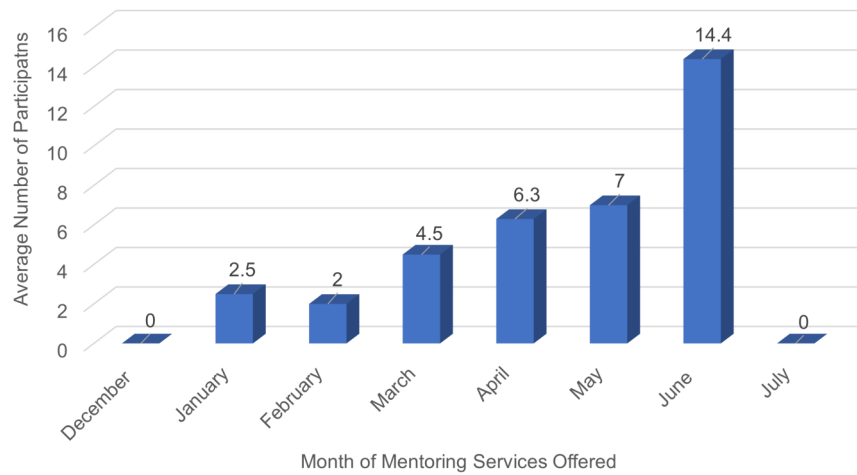


### Average Number of Participants Receiving Mental Health Services Monthly

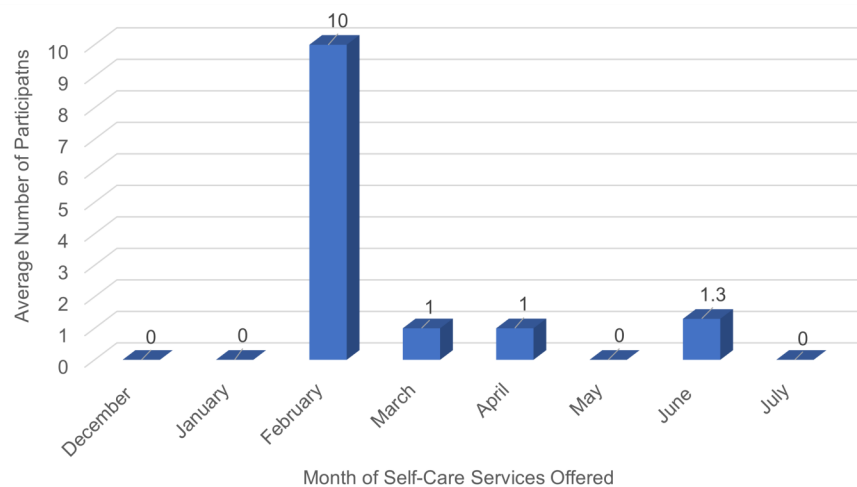


## Lamplighter Academic and Mentoring Program (cont.)

### Average Number of Participants Receiving Mentoring Services Monthly



### Average Number of Participants Receiving Self-Care Services Monthly



## Results At-A-Glance

### Provider: New World Believers (NWB)

### Program: Healthy Opportunities and Options Promoting Success (H.O.O.P.S.)

#### Program Description

New World Believers HOOPS believes the philosophy for guiding individual development is increasing insight into the multiple roles of adults and youth with a broader spectrum of choices. NWBs know that resilience and competency building are central to helping individuals navigate in healthy ways, providing groundwork to strengthen a person's sense of identity, belief in the future, self-regulation, and self-efficacy, as well as their social, emotional, cognitive, and behavioral competence. New World Believers HOOPS will seek to help youth and families mental health issues and social barriers to regain a sense of self-worth, increase economic sustainability, improve noteworthy parenting skills, and abstain from engaging in unhealth-compromising behaviors. The youth and families have access to services that include but are not limited to mental health, substance abuse, life skills, employment assistance, housing assistance, case management, Legal aid, Parenting and Financial Literacy services. NWB HOOPS is designed to impact participants to develop an attitude of self-reliance, increase workforce opportunities, reduce social miscreants in society and build their abilities and competencies. NWB will accomplish its goals by way of its staff having the experience, knowledge and understanding of the target population which allows of the ability to implement the necessary programming and through our community partners who will assist us in addressing the needs of the youth and families we serve.

#### Year 1 Data

❖ First Year Timeline - 10/1/2023-9/30/2024

❖ Targeted Population – 11-18 years of age

❖ Contract Proposal – 160 participants per year x 3 years

❖ Project Total - \$1,729,199.71; 1<sup>st</sup> Year Budget - \$555,590.00; Total % Used – 49%;  
As of 6/30/2024 - Total Expenditures - \$274,303.24 Remaining Funds - \$281,286.76

❖ Costs per student annually per budget year 1 = \$3,472.44

New Children Proposed to Serve Year 1	Children Actually Served Date Certain 6/30/2024	On Track to Meet Dosage	On Track to Change Outcomes	Program Budget Costs Year 1	Projected Amount Per Participant Year 1	Actual Amount Per Participant Year 1
160	94	Yes	Yes	\$555,590.00	\$3,472.44	\$2,918.12

# *Year 1 Program Outcomes*

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## *New World Believers – H.O.O.P.S.*

### ***Performance Summary***

During this quarter, the NWB HOOPS program has achieved significant milestones and made substantial progress in advancing their mission and objectives. Here is a comprehensive overview of accomplishments and progress in delivering identified scope of services:

#### **Partnership Development:**

NWB has actively forged multiple strategic partnerships that enhance the ability to deliver professional services and meet program outcomes effectively. These partnerships have expanded a network of support and resources, allowing a wider range of services and opportunities to the youth in which they serve. Collaborations with community organizations, educational institutions, and local businesses have been instrumental in enriching program offerings.

New Partners: Department of Children & Families (March 2024), Legal Services of Northwest Florida (Feb. 2024), UWF Criminal Justice Department (April 2024), City of Pensacola Area Housing (March 2024), Phil Hall PA - Ask a Lawyer First (Feb. 2024)

#### **Wrap-around Services and Mental Health Support:**

A notable success this quarter has been the implementation of comprehensive wrap-around services aimed at addressing mental health issues among participants. NWB has prioritized mental health support, recognizing its critical importance in fostering holistic youth development. Through partnerships with mental health professionals and organizations, they have ability to offer counseling, therapy, and other support services tailored to the needs of youth, ensuring they receive the care and attention necessary for their well-being.

#### **Employability Training and Skill Development:**

NWB's commitment to equipping youth with essential life skills remains steadfast. NWB has made significant strides in providing employability training, enhancing participants' readiness for the job market. Workshops, seminars, and hands-on experiences have been integrated into the overall program curriculum empowering youth with practical skills such as resume building, interview techniques, and workplace etiquette. The aim is to improve their employability prospects and prepare them for successful transitions into adulthood. In addition, NWB hosted three workshops with entrepreneurs to provide first-hand knowledge and information regarding business ventures in the second quarter.

#### **Program Evaluation and Impact Measurement:**

In line with the program's focus on outcomes and measurements, NWB has continued to refine their evaluation processes to track program impact and participant progress effectively. Through data collection and analysis, they are gaining valuable insights into the effectiveness of their interventions and areas for improvement. This data-driven approach ensures that efforts are targeted and responsive to the evolving needs of this targeted population.

# New World Believers

## Program Performance and Participant Demographics



### Contracted Services

Proposed Number Served - NWB will serve 40 youth participants and their families (Parents & siblings). NWB HOOPS program will operate in 90-day cycles rotating youth every cycle. Aftercare services will be provided for youth and families for an additional 90 days. However, NWB has an open-door policy for all youth and families who have previously participated to receive assistance beyond the 90-day aftercare if needed (pg. 34). Current Number Served - 600 Projected number to be served over 3 years - 1200 (pg. 33).

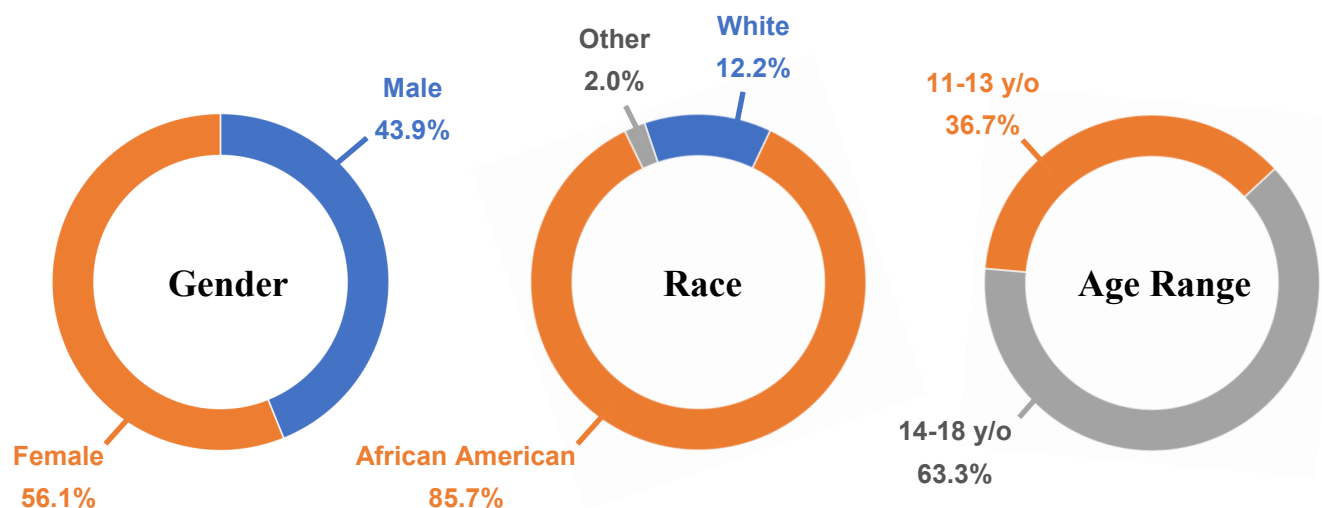
Program Dosage - NWB HOOPS program will operate in 90-day cycles rotating youth every cycle. Aftercare services will be provided for youth and families for an additional 90 days. However, NWB has an open-door policy for all youth and families who have previously participated to receive assistance beyond the 90-day aftercare if needed (pg. 34).

- Cognitive Behavioral Therapy Mon-Fri 9am-7pm
- Emotional Intelligence Training: Mon-Fri 9am-7pm
- Work-Based Learning Creative Arts Component Mon-Fri 9am-7pm
- Mental Health Supports Individual, Group, and Family Counseling: Mon-Fri 9am-7pm
- Legal Aid Workshops (scheduled monthly)
- Case Management Services Youth & Adults Mon-Fri 9am-7pm
- Outcome Monitoring and Evaluation Mon-Fri 9am-7pm
- Aftercare Monday-Friday 9am-5pm

Start Date - 10/2/2023

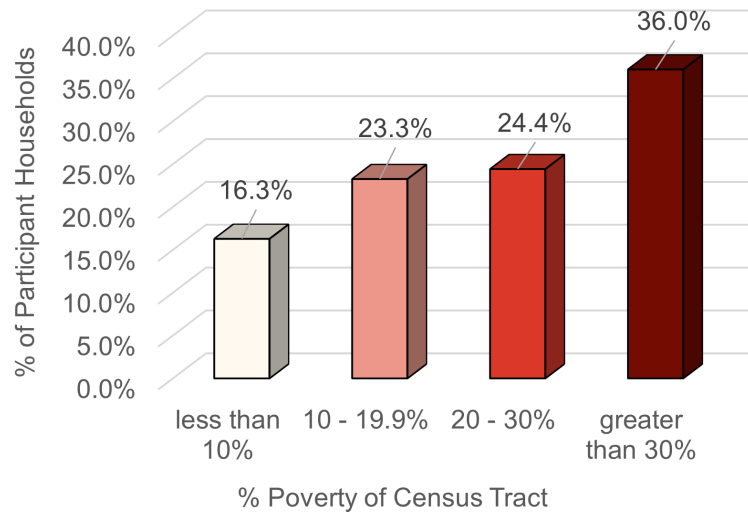
Total Served - 98 participants through 7/31/2024

### Participant Demographics



## ***New World Believers (cont.)***

### **Percent of Families Living in High Poverty Census Tracts (n=86)**



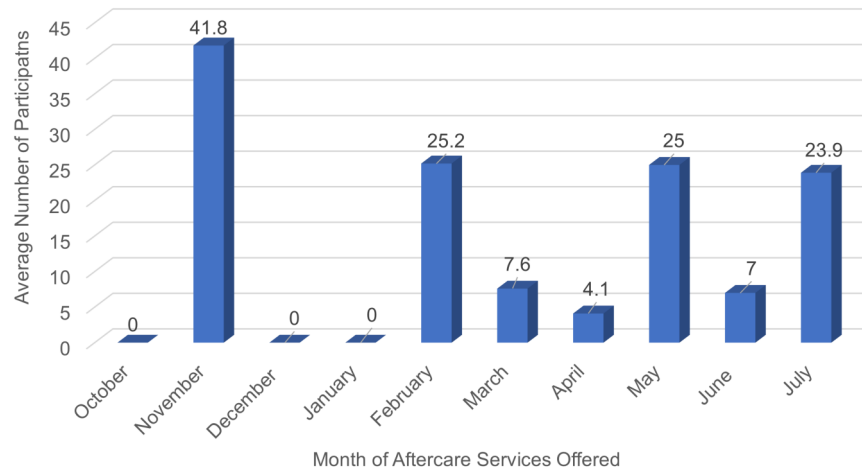
## **Monthly Program Service Offerings and Attendance Frequency**

### **Frequency of Program Services Offered Each Month**

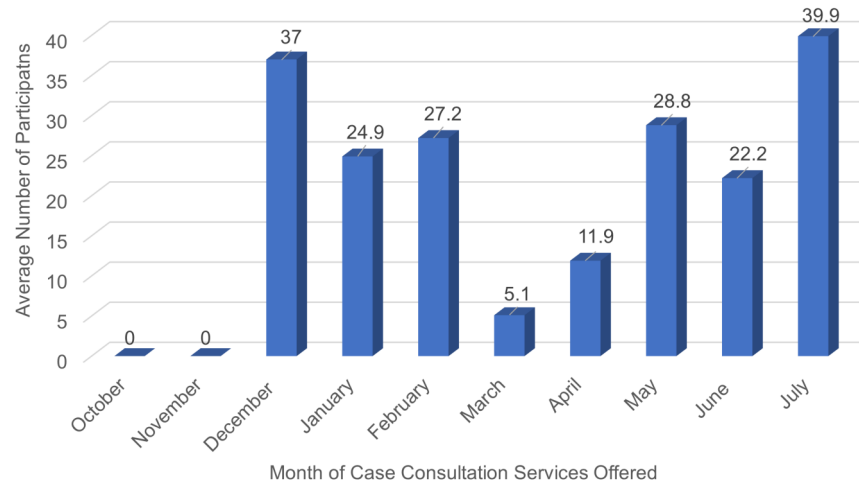
	Aftercare	Case Consultation	Employability Skill Building	Legal Aid	Mental Health	Mentoring
October	0	0	16	0	4	12
November	30	0	8	0	8	0
December	0	1	9	0	0	0
January	0	14	8	0	11	0
February	12	5	8	4	0	4
March	5	9	3	5	2	2
April	8	7	6	3	5	2
May	2	4	3	2	4	3
June	9	14	6	3	12	20
July	13	10	10	4	10	12

## ***New World Believers (cont.)***

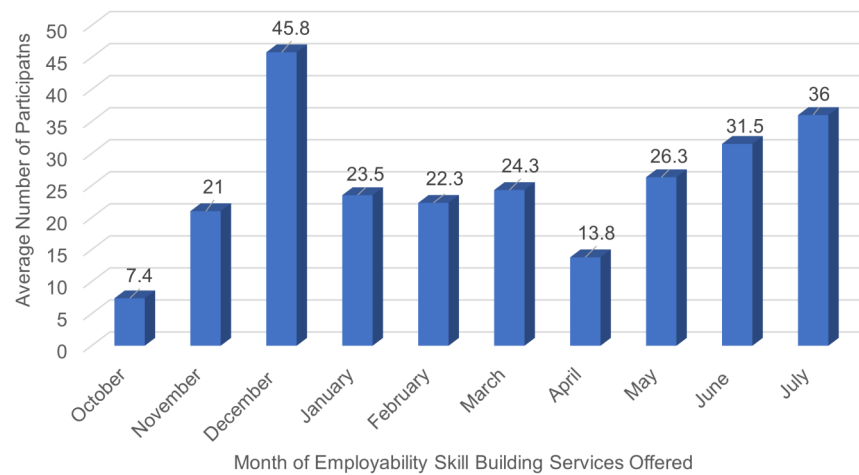
**Average Number of Participants Receiving Aftercare Services Monthly**



**Average Number of Participants Receiving Case Consultation Services Monthly**

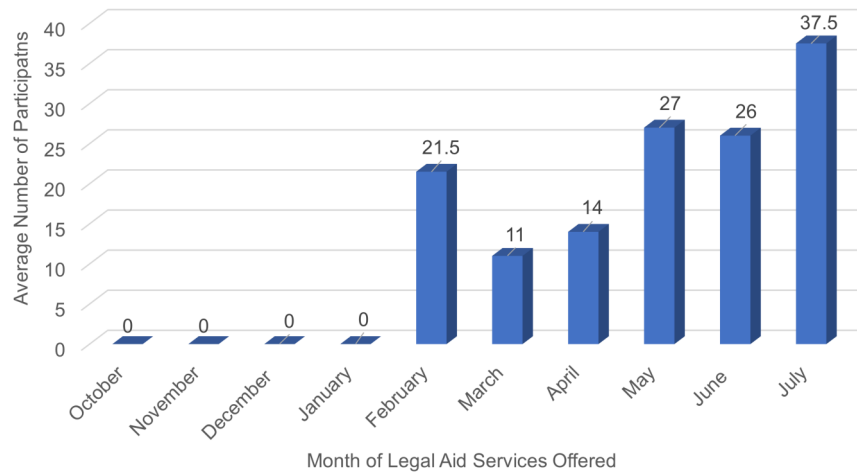


**Average Number of Participants Receiving Employability Skill Building Services Monthly**

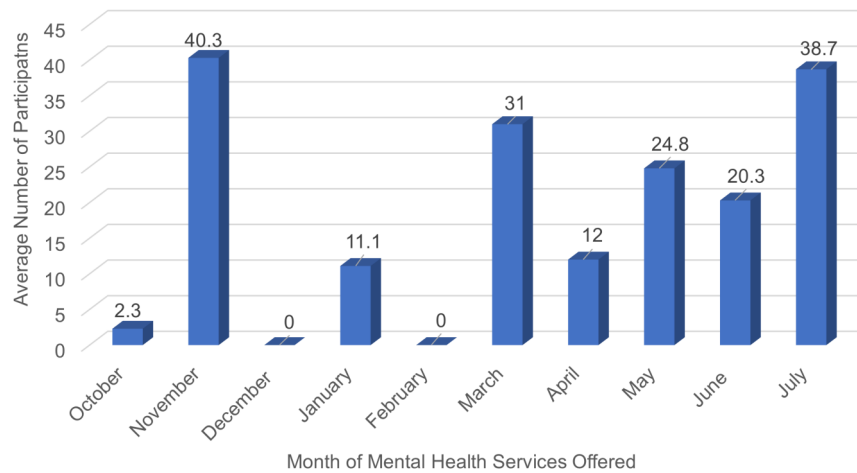


## ***New World Believers (cont.)***

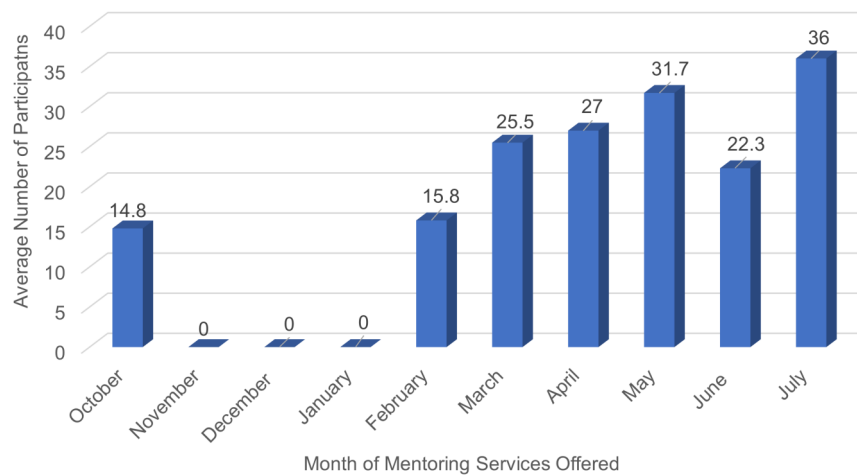
### **Average Number of Participants Receiving Legal Aid Services Monthly**



### **Average Number of Participants Receiving Mental Health Services Monthly**



### **Average Number of Participants Receiving Mentoring Services Monthly**



# Results At-A-Glance

## Provider: Twin Oaks Juvenile Development

## Program: Escambia Connects

### Program Description

Tier 1 - This first level of care will have the capacity to serve up to 100 youth each month through a basic conversation or informal support session where the individual provides an overview of services, listens to the youth, and screens for self-harm.

Tier 2 - Level of Care will have the capacity to serve 60 youth through informal mental health support and psychoeducational awareness of mental health diagnosis and avenues to seek support, help, or treatment. There will be five non-degree professionals with caseloads of 12 youth each. They will provide information and education focused activities for 20 minutes, two times per week. The youth will also receive 15-20 minutes of targeted resiliency skill building. Psychoeducational information may be provided in various appropriate formats.

Tier 3 - Will be staffed by two Connections Case Managers with caseloads of 12 each and a Lead Connections Case Manager with a caseload of 6 to allow time for supervisory duties. Therefore, the enhancement to our current Project Connect program funded through ECT will target an unmet need within the community. Level 3 care programming will consist of the facilitation of Family Restorative Circles (FRC) between the youth's sibling and parents when all youth are present to attend.

Tier 4 - This last tier will provide for 18 participants. The level of care will include a Behavioral Health Case Manager with a caseload 12 youth and a Clinical Coordinator with a caseload of 6 with oversight responsibilities for staffing assessments, psychoeducational and curriculum needs.

### Year 1 Data

<ul style="list-style-type: none"> <li>❖ First Year Timeline - 10/1/2023-9/30/2024</li> <li>❖ Targeted Population – School age K-12</li> <li>❖ Contract Proposal – 1230 participants per year x 3</li> <li>❖ Project Total - \$3,311,202.00; 1<sup>st</sup> Year Budget - \$1,075,474.00 Total % Used – 52% As of 6/30/2024 Total Expenditures - \$564, 603.00; Remaining Funds - \$510,871.21</li> <li>❖ Costs per student annually per budget year 1 = - \$874.37</li> </ul>						
New Children Proposed to Serve Year 1	Children Actually Served Date Certain 6/30/2024	On Track to Meet Dosage	On Track to Change Outcomes	Program Budget Costs Year 1	Projected Amount Per Participant Year 1	Actual Amount Per Participant Year 1
1230	1268 – Tier 1 60 – Tier 2 30 - Tier 3 18 - Tier 4 1376 - Total	Yes	Yes	\$1,075,474.00	\$874.37	\$410.32

# *Year 1 Program Outcomes*

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## **Twin Oaks Juvenile Development – Escambia Connects**

### ***Performance Summary***

#### Performance Measures

1. Reduce the likelihood of incarceration or Baker Act being viewed as the primary method for connecting to mental health services - (Program Expectation) Reduce Baker Acts by 10%. (Actual) 2 enrolled youth were Baker Acted.
2. Increase Access to services that increase emotional well-being and positive behavioral outcomes. (Program Expectation) 75% demonstrate improvement in 1 Child and Adolescent Functional Assessment Scale (CAFAS) domain. No data to report due to all youth that completed initial CAFAS are still enrolled.
3. Training on evidence-based practices for staff working directly with participants. (Program Expectation) 100% of staff will be trained in evidence-based practices. (Actual) All staff working directly with enrolled youth are fully trained on Evidence-Based Practice (EBP).
4. Every youth will receive a minimum of 1 informal support. (Program Expectation) 100%. (Actual) 73 total youth served or 100% connected with 1 or more informal mental health support(s).
5. Sibling participants will receive Family Reintegration Circle. (Program Expectation) 50% in Tier 3. (Actual) 13 total youth served in Tier 3 and all were provided a Family Reintegration Circle service within 30 days of program intake.

All program participants increase in at least 1 of 10 Benevolent Childhood Experiences (BCE) protective factors. (Program Expectation) 75% of youth will increase with one or more protective factors on the post-Benevolent Childhood Experiences Assessment as compared to initial BCE. (Actual) BCE for the 5 youth that successfully completed tier 2 and were discharged indicated the following: 1 stayed the same and 4 improved their BCE score while participating in the program.

# Twin Oaks Juvenile Development

## Program Performance and Participant Demographics



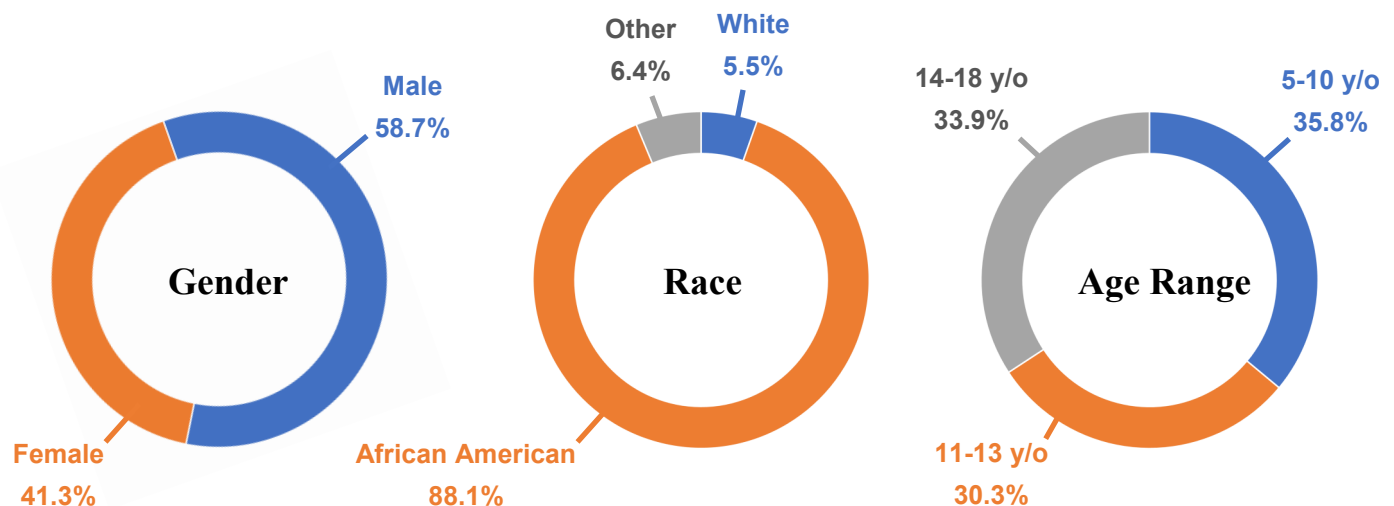
### Contracted Services

Proposed Number Served - Projected number to be served - 1230 (pg. 33).

Program Dosage - Escambia Connects consists of 4 Tiers of service (pg. 37):

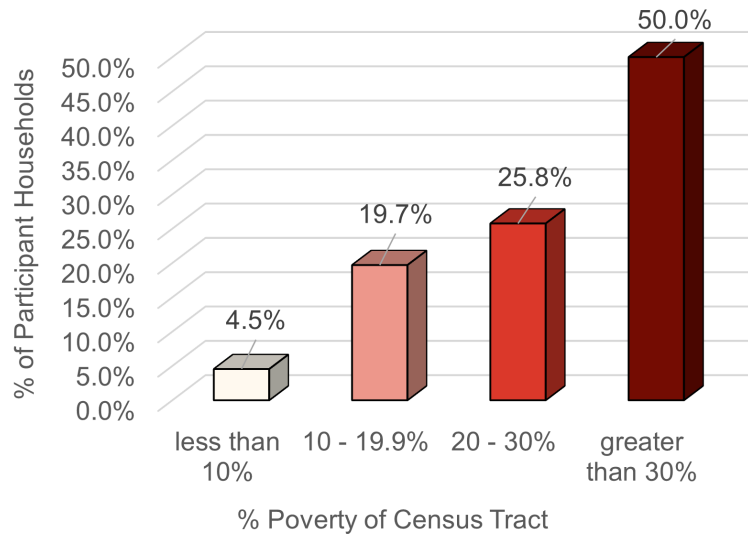
- Tier 1 - This first level of care will have the capacity to serve up to 100 youth each month through a basic conversation or informal support session where the individual provides an overview of services, listens to the youth, and screens for self-harm.
- Tier 2 - Level of Care will have the capacity to serve 60 youth through informal mental health support and psychoeducational awareness of mental health diagnosis and avenues to seek support, help, or treatment. There will be five non-degree professionals with caseloads of 12 youth each. They will provide information and education focused activities for 20 minutes, two times per week. In addition to the 20 minutes of targeted educational sessions, the youth will receive 15-20 minutes of targeted resiliency skill building. Psychoeducational information may be provided in various appropriate formats.
- Tier 3 - Will be staffed by two Connections Case Managers with caseloads of 12 each and a Lead Connections Case Manager with a caseload of 6 to allow time for supervisory duties. Therefore, the enhancement to our current Project Connect program funded through ECT will target an unmet need within the community. Level 3 care programming will consist of the facilitation of Family Restorative Circles (FRC) between the youth's sibling and parents when all youth are present to attend.
- Tier 4 - This last tier will provide for 18 participants. The level of care will include a Behavioral Health Case Manager with a caseload 12 youth and a Clinical Coordinator with a caseload of 6 with oversight responsibilities for staffing assessments, psychoeducational and curriculum needs.

### Participant Demographics



## ***Twin Oaks Juvenile Development (cont.)***

### **Percent of Families Living in High Poverty Census Tracts (n=66)**



## **Monthly Program Service Offerings and Attendance Frequency**

### **Tier 1 Services Monthly Summary**

	# of Events	# of Children Interactions	# of Adult Interactions
October	4	29	15
November	4	135	55
December	4	130	78
January	6	252	306
February	8	63	60
March	7	121	92
April	14	133	76
May	14	147	115
June	9	90	201
July	12	156	73
Total	82	1256	1071

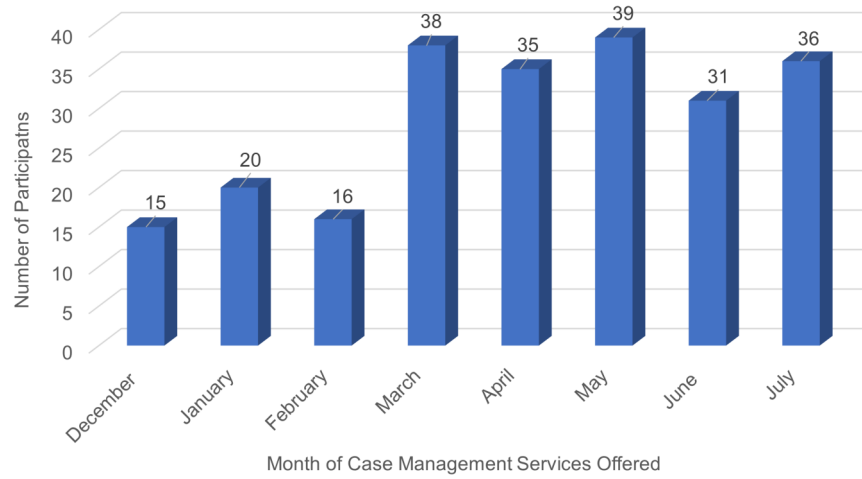
## ***Twin Oaks Juvenile Development (cont.)***

### **Frequency of Tier 2, 3 and 4 Program Services Offered Each Month**

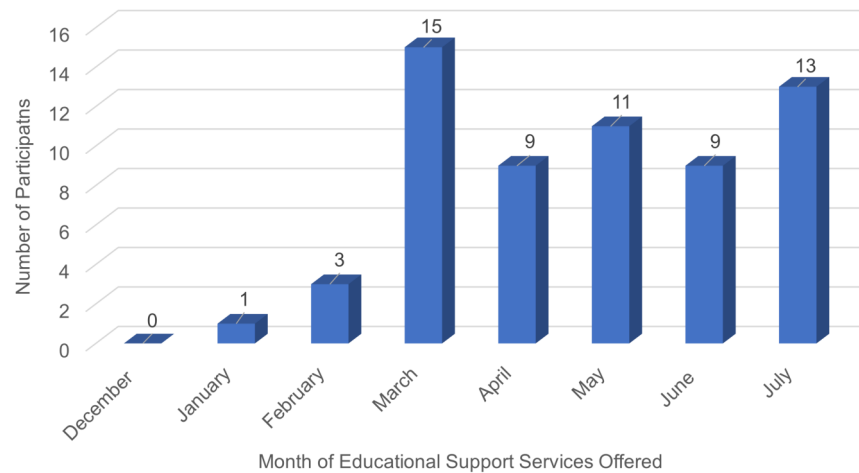
	Case Management	Educational Support	Employability Skills / Vocational Training	Family Restorative Circle	Formal Mental Health Support	Informal Mental Health Support / Mentoring	Referral	Targeted Education / Skill Building
December	6	0	0	0	0	2	2	13
January	11	1	6	2	0	21	6	29
February	12	3	5	2	5	25	9	28
March	25	18	8	5	6	28	11	29
April	21	9	7	1	8	29	13	29
May	22	13	8	3	5	29	16	30
June	20	11	14	5	1	30	15	28
July	21	14	9	4	3	30	14	28

## ***Twin Oaks Juvenile Development (cont.)***

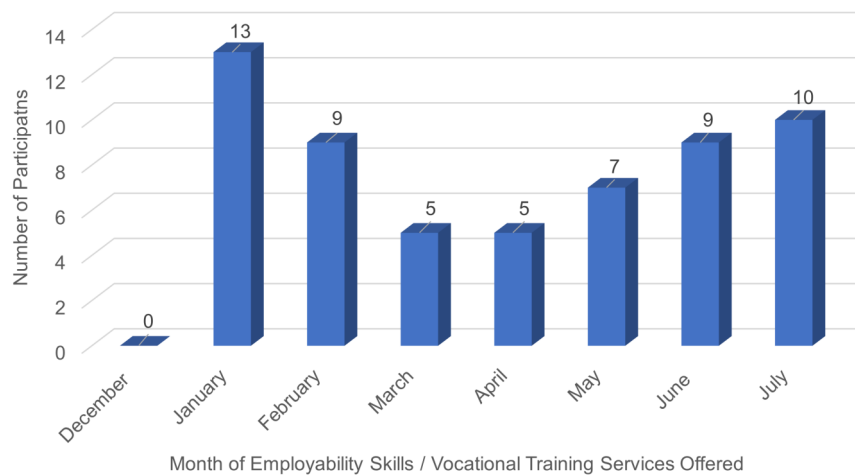
### **Number of Participants Receiving Case Management Services Monthly**



### **Number of Participants Receiving Educational Support Services Monthly**

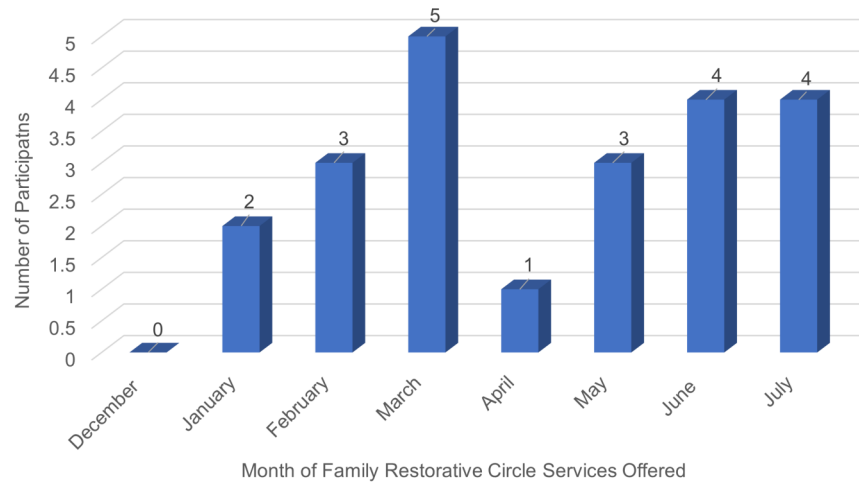


### **Number of Participants Receiving Employability Skills / Vocational Training Services Monthly**

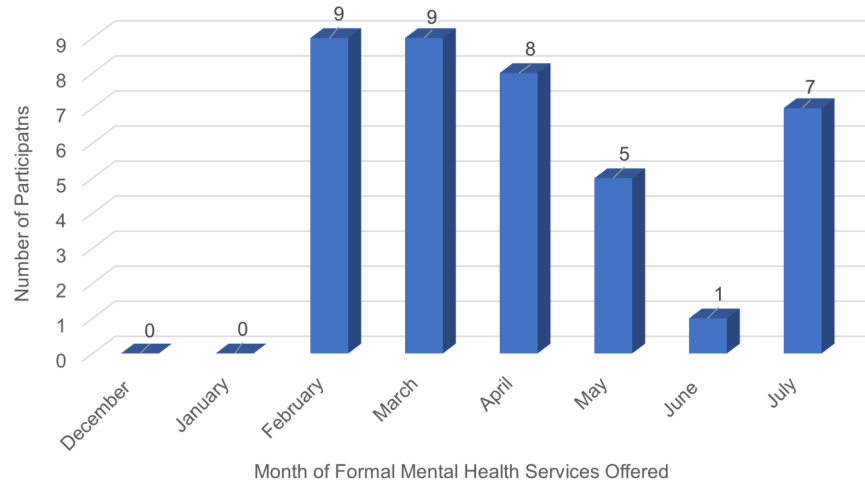


## ***Twin Oaks Juvenile Development (cont.)***

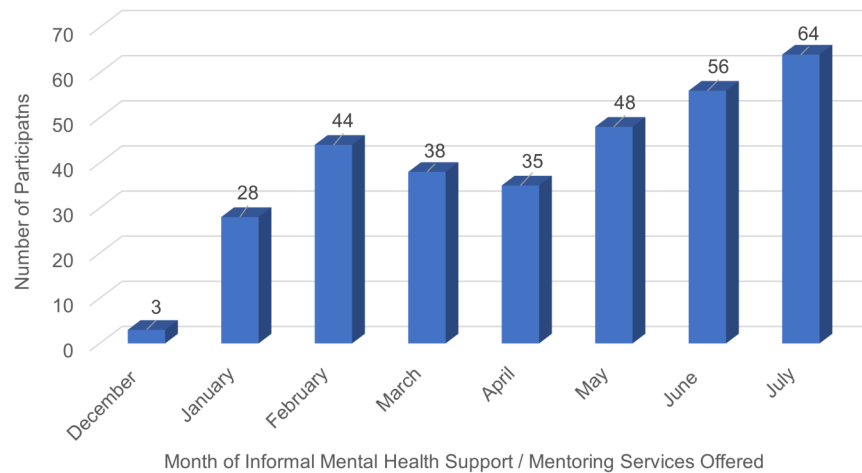
### **Number of Participants Receiving Family Restorative Circle Services Monthly**



### **Number of Participants Receiving Formal Mental Health Support Services Monthly**



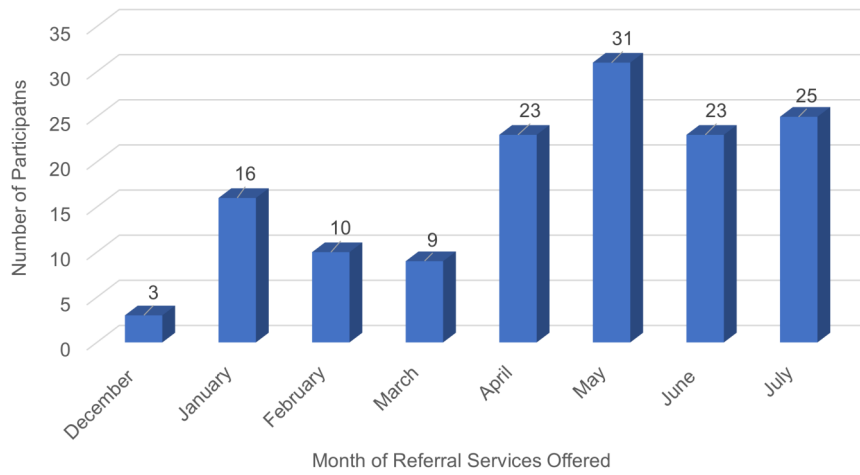
### **Number of Participants Receiving Informal**



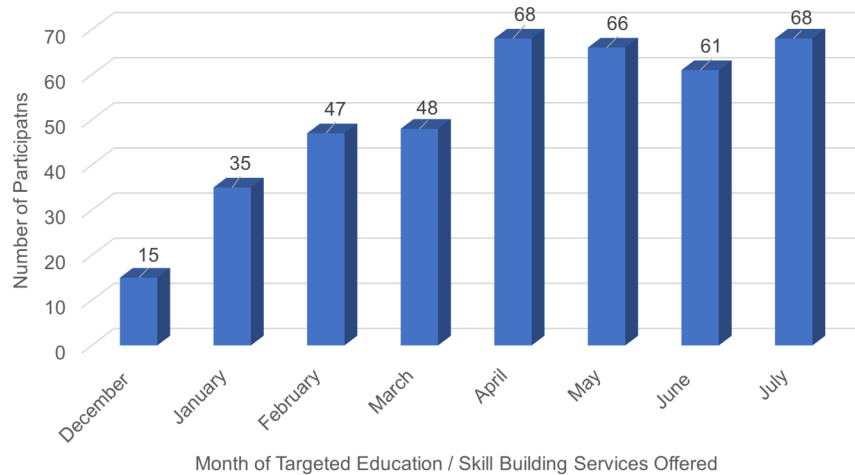
## ***Twin Oaks Juvenile Development (cont.)***

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**Number of Participants Receiving Referral Services Monthly**



**Number of Participants Receiving Targeted Education / Skill Building Services Monthly**



# Results At-A-Glance

## Provider: Youths Left Behind

## Program: After-School Peer Empowerment Program

### Program Description

The After-School Peer Empowerment Program targets underserved minority children in grades 6-12 by providing community outreach initiatives that implement positive alternatives to unsupervised, destructive behavior. The program teaches the necessity of responsibility and personal accountability through activities that address consequences, character development, and critical thinking skills. By supporting the mental health of these at-risk children and offering support for their advancement in the community, these children are encouraged to make healthy choices that increase their potential for success and prevent their incarceration.

Once a week, the Youths Left Behind Corp meets in the clubhouse of the Silurian Pond Apartments neighborhood to provide fun activities that inspire the disadvantaged teenagers of our community to realize their potential, as well as their strengths. Many of these children live in poverty and come from broken homes. They are seldom aware of the opportunities that are available, and many do not understand how to cope with their trauma. By addressing their individual fears and concerns, the After-School Peer Empowerment Program aims to identify the issues that catalyze criminal behavior to mitigate their responses to dangerous environments. It is our mission to provide healthy alternatives that inspire them to become successful, contributing members of the community.

### Year 1 Data

<div>❖ 10/1/2023-9/30/2024</div> <div>❖ Targeted Population – 12-17 years of age</div> <div>❖ Contract Proposal – 123 per year x 3 years</div> <div>❖ Project Total - \$384,164.40    1<sup>st</sup> Year Budget – \$87,455.00    Total % Used – 83%; As of 6/30/2024 Total Expenditures - \$72,604.24; Remaining Funds– \$14,850.76</div> <div>❖ Costs per student annually per budget year 1 = \$711.00</div>						
New Children Proposed to Serve Year 1	Children Actually Served Date Certain 6/30/2024	On Track to Meet Dosage	On Track to Change Outcomes	Program Budget Costs	Projected Amount Per Participant Contract	Actual Amount Per Participant Year 1
123	52	No	Yes	\$87,455.00	\$711.00	\$1,396.23

# Year 1 Program Outcomes

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## Youths Left Behind – After-School Peer Empowerment Program

### Performance Summary

#### Goal 1: To prevent juvenile participants from engaging in criminal behavior.

- |  |       |
|--|-------|
| 1.1 Reduce recidivism for participants with prior records.     | 100%. |
| 1.2 Prevent arrests for children with no prior record.         | 100%. |
| 1.3 Prevent gun violence in communities with high crime rates. | 100%  |

None of our participants have been arrested since the beginning of the program and all our participants have taken an oath to never use a gun. Participants referred to us through DJJ (15) are successfully staying on track with their community service. (5) of them have satisfied their community service obligations and have been released from probation. The other (10) are on track to be released from their probation at their next hearings. Hassan Hills attends their court hearings with them, and he reports to their probation officers as well as to Judge Harrison monthly. The DJJ officers have noted the positive improvements to the children who participate in Youths Left Behind.

#### Goal 2: To encourage academic success.

- |  |                    |
|--|--------------------|
| 2.1 Prevent truancy.   | N/A - Summer break |
| 2.2 Maintain a minimum 2.0 grade point average.                          | N/A - Summer break |
| 2.3 Increase GPA.  | N/A - Summer break |
| 2.4 Assist dropouts to return to school.                                 | N/A - Summer break |
| 2.5 Assist dropouts with obtaining a GED.                                | N/A - Summer break |
| 2.6 Transfer from alternative school to public school.                   | N/A - Summer break |
| 2.7 Increase awareness of college, trade school, and employment options. | 100%               |

During summer break, our program still meets every Tuesday. We would start earlier, around 1pm, to give the kids healthy, supervised activities. After successfully rehabilitating one alternative school student, and helping him get back into public school, Achieve Academy has recommended YLBC to other families. We now have 10 participants that attend Achieve Academy, and we aim to get them all back in public school this year.

#### Goal 3: To improve the health and wellness of the children.

- |  |      |
|--|------|
| 3.1 Increase access to necessities such as hygiene products, school supplies, and food.          | 100% |
| 3.2 Improve individual coping methods for trauma and stress.                                     | 100% |
| 3.3 Increase access to health services. (Data not provided)                                      |      |
| 3.4 Increase and improve legal self-reliance through employment assistance for participants.     | 100% |
| 3.5 Improve the behavior and attitude of the children at home and at school. (Data not provided) |      |

# Youths Left Behind Corp

## Program Performance and Participant Demographics



### Contracted Services

Proposed Number Served - After-School Peer Empowerment Program targets underserved minority children in grades 6-12 (pg. 26). Projected number served is 123 (pg. 31). 24 participants per 8 week course for 4 courses per year (pg. 42).

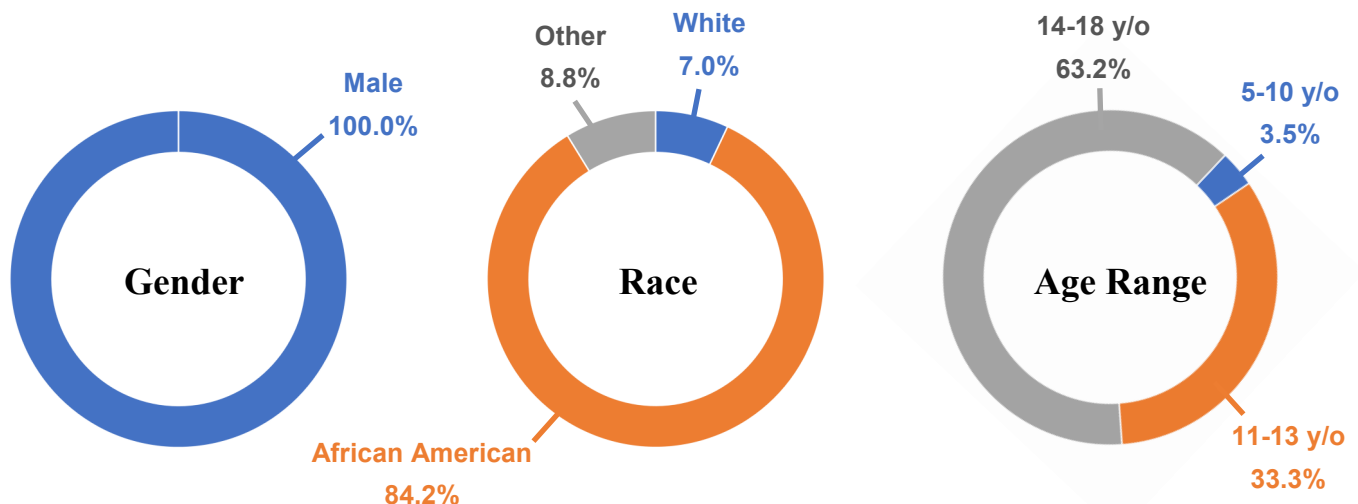
Program Dosage - Eight-week long course designed to inform adolescents about the opportunities that are available to them in a safe environment. We meet on Tuesday afternoons from 5:30 pm - 7:30 pm in the clubhouse of the Silurian Pond Apartments in West Pensacola (pg. 34). Eight-week course plan (pg. 34):

- Week 1 - we establish personal goals and values, talk about knowing our worth, and how to live a purpose-driven life.
- Week - 2, we discuss worries, stressors, and what the kids are obedient to.
- Week - 3 teaches about gun violence and the consequences of carrying a weapon.
- Week - 4 engages the children about their addictions, whether sex, drugs, tobacco, vaping, etc., and how to avoid or overcome these addictions.
- Week - 5 instructs about domestic violence awareness, bullying, and suicide prevention.
- Week - 6 discusses illegal activities. A representative from the sheriff's office joins us on this day to teach the children their rights and how to safely interact with law enforcement.
- Week - 7 we discuss financial literacy and responsible spending, saving, and planning.
- Week - 8 we learn about various employment and academic opportunities. A representative from Pensacola State College, a military recruiter, and local employers join us to discuss options for their futures.

Start Date - 11/7/2023

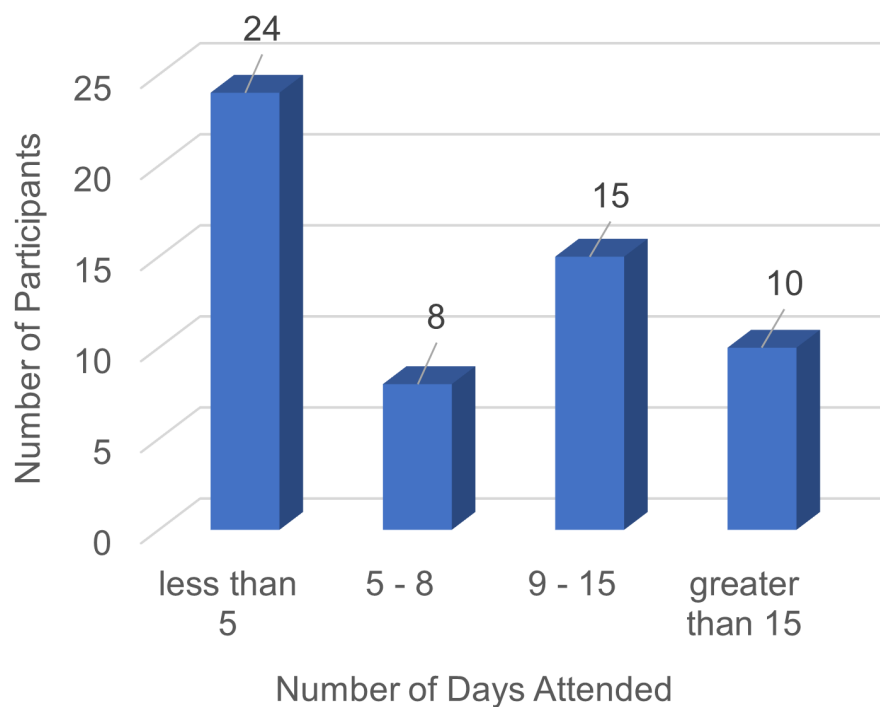
Total Served - 57 participants through 7/31/2024

### Participant Demographics



## Youths Left Behind Corp (cont.)

**Attendance Patterns of Year 1 Participants (n=57)**



**Percent of Families Living in High Poverty Census Tracts (n=46)**

